



# Destination Clic

## General Information



## École internationale de français

UQTR, 3351, boul. des Forges, C.P. 500,  
Trois-Rivières, Québec, Canada, G9A 5H7

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[www.uqtr.ca/eif](http://www.uqtr.ca/eif) - [programmesjeunesse@uqtr.ca](mailto:programmesjeunesse@uqtr.ca) - [facebook.com/eif.uqtr](https://facebook.com/eif.uqtr)

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## École internationale de français in brief

The École internationale de français (ÉIF) offers participants of all ages and all nationalities the opportunity to learn French while immersed in Quebec culture.

Since 1974, ÉIF has been welcoming students, each with their own particular and unique motivation.

This diversity has stimulated the growth of a number of programs, each with its own mission. The École internationale de français offers programs for children, teenagers, adults, seniors and professionals. Each year, more than 1,000 students learn or improve French in these programs.

The qualified, professional staff of ÉIF of the Université du Québec à Trois-Rivières works hard to provide an enriching, safe, fun and quality experience for all participants.



### **Do you offer French courses for all levels?**

We offer French courses for all levels of language proficiency. A placement test enables us to determine your level and place you in the appropriate group.

### **Do you offer French courses for people of all ages?**

During the summer session, we offer French courses for people from age 0 to 99 years! During the fall and winter sessions, anyone 18 years and older can register for one of our programs.

## Université du Québec à Trois-Rivières - Savoir surprendre

The Université du Québec à Trois-Rivières (UQTR) is part of the Quebec Universities (QU) system and currently has over 14,000 students, including almost 1,000 foreign students. It is a university of human size where services focus on the individual.

The Université du Québec à Trois-Rivières offers many services available to students of the École internationale de français.

- Physical education and sports centre
- ATM
- Multiservice resource centre
- Computer technical help
- University chiropractic clinic
- Trois-Rivières university cooperative
- Physiotherapy clinic
- Podiatry clinic
- Library
- Language labs
- Café Bistro La Chasse Galerie
- Access to public transit
- Residences on campus
- 24 hour security

The Université du Québec à Trois-Rivières is located about five kilometres from downtown Trois-Rivières where students can find many restaurants and a lively atmosphere. UQTR is also close to grocery stores, drug stores and a shopping centre.



### **Are there computers available on campus?**

There are public computer rooms with Internet access available to students at all times. When they arrive, participants in the Destination Clic program are encouraged to contact their parents using these computers.

### **Are there telephones on campus and in the residences?**

Public telephones are located on the main floor of each of the University buildings. A local call costs \$0.50. There is also a telephone in each of the residences. Local calls are free but you must obtain a calling card to make long distance calls.

### **Can I bring a laptop?**

WiFi service (wireless access zone) is available free of charge throughout the University. Each room in the university residences has free Internet service (cable not included). You will require a RJ 45 cable. There is a limit on downloading.

### **Can I receive mail during my stay?**

It is important to provide your parents and friends with the correct address for the École internationale de français to ensure that you receive your mail:

Mr. or Ms. (your name)

École internationale de français

Université du Québec à Trois-Rivières

3351 Boulevard des Forges, P.O. Box 500

Trois-Rivières, Quebec G9A 5H7

CANADA



We will let you know where you can pick up your mail and messages.

### **Will my parents and friends be able to reach me in an emergency?**

In case of emergency, UQTR security guards can be reached 24 hours a day at 819-693-5050.

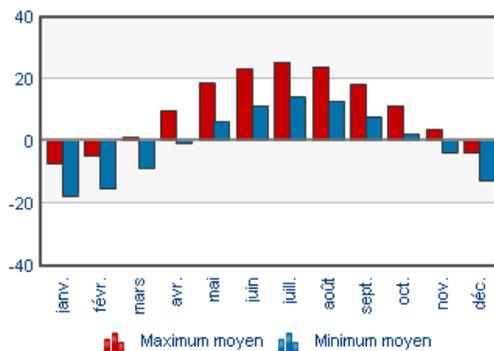
## In Quebec...

The city of Trois-Rivières is located in the La Mauricie region on the North shore of the St. Lawrence River, half way between Montréal and Quebec City.

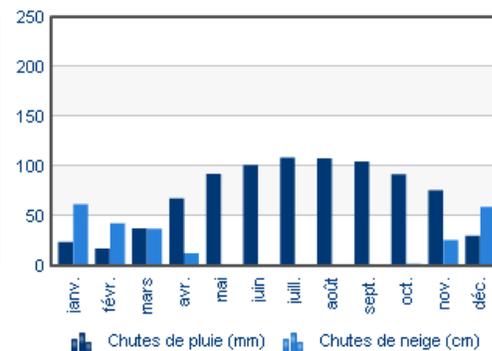
La Mauricie is a region with many parks including La Mauricie National Park. The region's green spaces and waterways add to the splendour of Trois-Rivières.

Temperatures in Quebec vary somewhat during the four seasons of the year depending on where you are. Here is a chart of the average annual temperatures in the La Mauricie region:

Température (°C)



Précipitations



Source : Météo Média

Culturally, Trois-Rivières is an entirely French-speaking community and each of its seasons has something special to offer. Trois-Rivières is described as an “historic and cultural city” and participants in the ÉIF programs are privileged to be able to live their immersion experience in this Francophone city with such a rich culture.

Here are a few laws that may differ from one Canadian province to another:

In Quebec:

- ✓ The law prohibits minors (under 18 years old) from consuming alcohol and smoking;
- ✓ Minors may not enter establishments such as bars, night clubs and gaming rooms;
- ✓ Smoking is prohibited within 9 metres of all establishments.

**Is Trois-Rivières a safe city?**

Trois-Rivières is among the safest cities in Canada.

**Is it expensive to live in Trois-Rivières?**

The cost of living is among the lowest in Canada.



## Destination Clic

Destination Clic is a bursary program offering French-speaking Canadian students the opportunity of enrichment of their first language. The École internationale de français offers this three-week program during the summer session with students staying in residence and eating on the UQTR campus. The summer session takes place the last three weeks of July.

### Who is the program for?

The Destination Clic program is for Canadian students aged 14 to 15 years only. Participants must attend a French-language school or have a parent whose mother tongue is French. Among other activities, students attend French workshops with the goal of enrichment and improvement of their first language.

### Admission

To be eligible, participants must meet all of the following five criteria:

- Be a Canadian citizen or permanent resident (those studying in Canada on a student visa are not eligible);
- Be in Grades 8 or 9 during the school year prior to the course;
- Have French as their first language;
- Have their permanent residence outside Quebec;
- Have been a full-time student for at least one term in the current school year.

To apply, applicants must complete the [application form](#) of the Ministry of Education and follow the registration procedures.

#### **Do I have to meet all the criteria?**

Yes. You must meet all the eligibility criteria before courses start.



## Bursary and costs

The amount of the bursary offered to accepted students is available on the Destination Clic website at <http://destinationclic.ca/en/>. This bursary is paid directly to ÉIF. It covers tuition fees, educational materials, lodging and meals. The École internationale de français sends all participants an income tax statement to attach to their tax return since the bursary is taxable.

Return transportation, spending money (about \$75 per week is suggested) and registration fees are the student's responsibility. These registration fees must be paid to ÉIF before courses start.

You should be aware that two deposits are required and refunded at the end of the program (return of keys and no property damage). Details about these deposits can be found in the welcome letter.

## Residences

Participants stay in the student residences on campus, only a minute or so from the main buildings where most of the activities are held.

Each apartment has four bedrooms and a shared kitchen (no dishes, utensils, microwave oven, coat hangers), living room and bathroom. All the bedrooms have a single bed (provided with pillow and bedding), a desk and a closet. Students share their apartment with other participants, either all male or all female, from the same program. Boys and girls are lodged on different floors.

Washing machines and dryers are available in the basement of each student residence at a cost of about \$1.50 per use of the washer and \$1.25 for the dryer.

Internet access is available free of charge in all bedrooms. Students require an RJ 45 cable to activate the connection.

A telephone, with call answer service, is available in each apartment. Local calls are free but a calling card is required for long distance calls.

Apartments are not equipped with air conditioning. Students may bring their own fan if they wish.



*Residences Michel-Sarazin*



### **Where will I stay during my program?**

During your ÉIF program, you will stay in one of the [campus residences](#).

### **Will I be sharing an apartment?**

You will be sharing an apartment with three (3) other students in your program, but you will have your own bedroom (bed, desk and closet).

### **Can I choose my roommates?**

Only if you send your request to the housing coordinator at [eif@uqtr.ca](mailto:eif@uqtr.ca) at least two weeks before the program starts.

### **Can the apartments be co-ed?**

Apartments are always all boys or all girls.

### **Is the apartment furnished?**

The apartments are furnished and are also equipped with a stove and refrigerator. There is no microwave oven or television and there are no utensils, dishes, pots and pans, hangers, etc. Curtains, bedding and pillows are provided but you should bring your own towels and washcloths, along with toiletries (shampoo, soap, etc.).

### **Where can I wash my clothes?**

Washers and dryers are available in the basement of each residence building. However, you should bring your own detergent.

### **Is it possible to arrive the day before the program starts or leave a day after it ends?**

The welcome day is the Sunday before the program starts. Departures are the day after the program at the latest, that is, the Saturday.

## Meals

All of the week's meals are served at the University. For certain activities or trips, participants will eat in a restaurant (three suppers planned during the program). They will receive an allowance for these meals, which will be handed out in the program's second week. The amount that participants spend on the supper on the first weekend will be reimbursed when the allowance is provided in the second week.

To ensure everyone's safety, participants are required to inform ÉIF of any allergies at least two weeks before the start of the program. This information must also be indicated on the health form and sent to the École internationale de français.



### **Do I have to inform you if I have an allergy?**

You must inform us if you have any allergies at least two weeks before the program starts. The information must be indicated on the health form and returned to us with the admission application.

## My immersion in French

### Placement test

To optimize learning French, ÉIF requires a placement test at the beginning of the program. French classes are divided according to the student's level of language proficiency. The program offers courses at the beginner, intermediate and advanced levels.

### French lessons

French lessons are provided for three (3) hours every morning from Monday to Friday. The goal is improvement and enrichment of French as a first language. The program is based on a communicative approach with two distinct components: lessons and socio-cultural activities. It focuses entirely on listening, speaking, reading and writing.

The specific objectives are to correct students' written and spoken language and to enrich the means of expression through the study of the main difficulties related to spelling, grammar, and syntax, vocabulary, standard and levels of language, practising spoken French, etc.

Instruction is provided by French teachers-in-training under the supervision of the ÉIF pedagogical counsellor.

**When do the courses start?**

The Monday of the first week.

**Is attendance at the courses mandatory?**

All students are required to attend the courses. Participation in activities organized by ÉIF is also mandatory. Absences must be justified to administration.

**Do I need to buy specific educational materials before I arrive?**

It is strongly recommended that you purchase a dictionary and a book on verb conjugation. These tools are available at the University bookstore.



**Socio-cultural workshops**

On the first day of the Destination Clic program, students will have an opportunity to familiarize themselves with the campus and learn how the program works. They will also be required to select their socio-cultural workshops at this time.

Here are a few of the proposed workshops: Quebec songs, student radio, newspaper, theatre and arts.

Three times a week, students will break into groups according to their interests for workshops that last 1.5 hours. These workshops take place in a more relaxed atmosphere that enables students to practise their French while expanding their vocabulary.

These workshops are mandatory and an integral part of the program.

## Recognition of progress

A post-test will be held at the end of the program's three weeks to measure student progress. No credit is given at the end of the program, but students receive a certificate confirming the completion of the enrichment program.

## On-campus activities and free time

The École internationale de français is proud to offer its students a diverse and stimulating range of activities. A number of activities are organized on campus during the three weeks of the program to promote conversation and group spirit.

- ★ Olympiad
- ★ Movies
- ★ Sports
- ★ Dance night
- ★ Rally
- ★ Major games
- ★ Student show

There is not a lot of free time. The programming is designed to offer relaxing activities after busy days.

These activities are given as examples only since the programming may change without notice.

## Off-campus activities

A number of activities give students the opportunity to discover Quebec. From Monday to Friday, evening and some afternoon trips are planned so students can live and discover Trois-Rivières and its surroundings.

- ↪ Visit to the old jailhouse in Trois-Rivières
- ↪ Visit to the Quebec village of Antan
- ↪ Visit to downtown Trois-Rivières
- ↪ Supper at a sugar shack
- ↪ Day at the Île Saint-Quentin beach
- ↪ *Arbre en Arbre* adventure park
- ↪ Swimming pool

## Weekend trips

Weekends are the perfect time to discover Quebec. Visits to Trois-Rivières, Quebec City and Montréal are a must for students.

Trips are organized to allow students to visit the highlights of these historical and cultural cities and return to the University the same day.

## Program rules

Certain rules are in place to ensure a safe and pleasant experience for all participants.

The French rule stipulates that participants in the different programs **must speak French at all times and in all locations**. At the beginning of the three weeks, each student has five immersion points to his or her credit. Each time this rule is broken, two immersion points are lost. However, one of the two points lost can be regained by completing a “buy-back” activity.

A student who loses all of his or her points during the program is automatically expelled from ÉIF and has 24 hours to leave the campus of the Université du Québec à Trois-Rivières.

The main goal of the French rule is to ensure the effectiveness of the immersion program.

## General rules

- Participants must act respectfully and appropriately;
- Participants are responsible for all costs related to damaged property;
- It is strictly forbidden for friends or relatives to stay in apartments during the program period;
- Cell phones are not allowed during workshops.

## Conditions of participation

By submitting the duly completed application form, you undertake to:

- accept the principles and rules set by ÉIF;
- comply with all applicable federal, provincial and municipal laws including, in particular, the minimum age for the consumption of alcohol or tobacco products, which vary from province to province;
- attend all courses, workshops, trips and activities that are part of the immersion program.

## Security

A curfew comes into force at 10:00 p.m. every evening, except for certain weekend activities. Monitors stay in the residences with students and make sure that all is safe 24 hours per day. The residences have security guards who make their rounds regularly. The École internationale de français also recommends that students not go out unaccompanied.

UQTR security guards can be reached 24 hours a day in case of emergency.

## Vivre en français

The *Vivre en français* program” is aimed at encouraging students to respect the French rule.

At the start of each program, students are given a blue bracelet with the ÉIF logo.



ÉIF’s participating partners (nearby businesses, for example) award blue cards to students who choose to interact in French. These cards give students a chance to win prizes at the weekly information sessions.

Blue cards can also be awarded by ÉIF staff to students who make an effort to improve their French.

## Arrival and departure

The [Voyages Campus/Travel Cuts](#) agencies offer students rewards, preferential terms when changing dates, and the ISIC card (foreign student card).

To get to the École internationale de français:

### **If travelling by plane:**

Our travel accompanying guides will meet you at **Pierre Elliott Trudeau Airport** on the Welcome Sunday.

Transportation from the airport to Trois-Rivières is by school bus.

### **If travelling by train:**

The same principle applies for participants travelling by train. Our travel accompanying guides will meet participants at the **Dorval train station** and accompany them to the École internationale de français

### If travelling by car:

#### Directions from **Montréal**:

- ⊕ Autoroute 40 Est to Trois-Rivières
- ⊕ Take Autoroute 40 to Autoroute 55
- ⊕ Take Autoroute 55 Sud
- ⊕ Take Exit 183 to Boulevard Jean-XXIII
- ⊕ At the stop sign, turn left onto Boulevard Saint-Jean
- ⊕ At the stop sign, turn left onto Chemin Sainte-Marguerite (which becomes Boulevard Jean-XXIII)
- ⊕ Turn left on Boulevard des Récollets
- ⊕ Turn right onto Avenue Gilles-Boulet (entrance to UQTR)
- ⊕ The École internationale de français is on your left. Use the same entrance as for the Centre d'opération de sécurité.

#### Directions from **Quebec City**:

- ⊕ Autoroute 40 Ouest to Trois-Rivières
- ⊕ Take Exit 199 to Boulevard des Forges
- ⊕ Turn right on Boulevard des Forges (Nord)
- ⊕ Turn left on Rue Père-Marquette. The entrance to the university campus is immediately on your right. Follow the signs to Pavillon Ringuet.
- ⊕ The École internationale de français is on your right. Use the same entrance as for the Centre d'opération de sécurité.

## Arrival

Students will be welcomed on the Sunday before the start of the program from 9:00 a.m. to 10:00 p.m. Students are accompanied to the University to register, write to their parents and have a snack before being shown their apartments where they can get settled in. Students will also gather on Sunday in a location to relax and get to know each other. A number of activities will be available for their enjoyment.

## Travel accompanying guides

A system of travel accompanying guides has been put in place to ensure the safety of students. Once they have registered and been accepted, ÉIF will contact the parents and participants to ask them to complete a form indicating their travel itinerary to Trois-Rivières, including:

- Flight number;
- Airline;
- Arrival date and time;
- City or location of airport, train station or bus station, etc.;
- Telephone number where parents can be reached at all times;
- Form signed by the parents authorizing staff to obtain information from the airline.

Parents will receive the telephone numbers where they can contact ÉIF staff at all times, including weekends. Participants will also be given an emergency telephone number.

Travel accompanying guides will have a sign and two pieces of photo ID so that participants can identify them. They will also have participants' nominative information with them.

At the end of the session, students will be accompanied back to their arrival point, whether the airport, train station or bus station. The travel accompanying guides will ensure that students have checked their baggage,

know the information on the boarding pass and the gate number, and will remain with them until they have gone through security or have taken their seat on the train or bus.

If there is any change in travel plans, please inform ÉIF as quickly as possible.

Participants must arrive and depart from **Pierre Elliott Trudeau Airport** and the **Dorval train station only**.

### Departure

The program ends with a closing ceremony on the last Friday. Students are expected to depart on Saturday morning.

### Early departure from the program

If for a serious reason, a student must leave before the end of the program, he or she must first meet with the youth program leader who must authorize the student's departure. If that departure takes place on a weekend, the student must inform his or her monitor and the youth program leader. In addition, prior to leaving, the student must complete the early departure form and hand in keys, student card and library books.

## In my bag...

Participants should pack the following items for the summer session:

- Health insurance card
- Spending money (about \$75 per week, including cash)
- Dictionary and grammar book, pencils and notebooks
- Warm clothes (scarf and wool socks in case of a change in temperature)
- Umbrella
- Waterproof and windproof jacket
- Insect repellent
- Sunscreen
- Washing detergent
- Reusable water bottle
- Long and short sleeve shirts
- Long pants and shorts
- Athletic wear
- Running shoes
- Bathing suit, swim cap and sandals
- A set of old clothes you do not mind getting ruined
- Towels and washcloths
- Soap, shampoo, toothbrush and toothpaste
- Calling card (if desired)
- Beach towel
- Alarm clock
- Camera

## Medical insurance

Students are usually covered by their province's health insurance. Should a medical consultation be necessary during your stay, there may be fees to pay. It is important to verify reimbursement and compensation policies before leaving your home province. It is recommended that you make provision for additional funds. Students must bring their health insurance card with them.

## Useful links

Here are some useful links for additional information on the topics discussed above:

- [Université du Québec à Trois-Rivières](#)
- [École internationale de français](#)
- [Destination Clic](#)
- [Social insurance card](#)
- [Birth certificate](#)
- [Tourisme Trois-Rivières](#)
- [Campus residences](#)
- [Centre de l'activité physique et sportive](#)



**A week in Destination Clic**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>FRENCH CLASSES 9 H to 12 H</b>						
<b>LUNCH</b>			<b>LUNCH</b>			
Conversation workshop Animation	Animation Conversation workshop	Beach	Socio-cultural workshop Conversation workshop	Socio-cultural workshop Animation	Montréal	Québec
<b>Dinner</b>			<b>Dinner</b>			
Kin-ball	Bowling	Movie	Sugar shack	Olympiad		